YMCA OF GREENWICH ANNUAL REPORT 2024



WHERE CAUSE MEETS COMMUNITY

















IMPACT STATEMENT

The YMCA of Greenwich offers exceptional programming and opportunities that serve diverse needs. We are committed to fostering personal growth and community engagement for all.

OUR MISSION

To bring together and strengthen the community through programs and services that build a healthy spirit, mind, and body for all men, women, and children.

OUR CAUSE

At the Y, strengthening the community is our cause. Every day, we work side-byside with our neighbors to make sure that everyone, regardless of age, income, or background, has the opportunity to learn, grow and thrive.



YOUTH **DEVELOPMENT**



Nurturing the potential of every child and

HEALTHY LIVING



Improving the nation's health and well-being

SOCIAL RESPONSIBILITY



Giving back and providing support to our neighbors

LEADERSHIP REPORT

At the YMCA of Greenwich, we often say that we're more than a gym—we're a community. And this past year, that's been especially true. Every day, people walk through our doors looking not just for fitness, but for connection, support, and a place to belong. We're proud to be that place.

In 2024, we provided over \$463,000 in financial assistance to ensure no one was turned away for inability to pay. Behind that number are stories of parents who found peace of mind, children who discovered new passions, and seniors who felt less alone.

Connection, after all, is at the heart of everything we do. You can feel it in the parents chatting poolside while their kids take swim lessons. In the teens shooting hoops after school. In our Trailblazer hikes, where members and neighbors catch up with old friends and meet new ones. And in the familiar faces who return to the same class week after week, not just for fitness but for friendship.

This is the magic of the Y: it brings people together.

We've seen that magic in every corner of our building this year. In the joy of our campers, the laughter in our after-school classrooms, the determination of participants in LIVESTRONG at the YMCA, and the quiet support exchanged in our Parkinson's group. These programs make a real difference. And they only exist because of the incredible generosity of our donors, the dedication of our staff, the loyalty of our members, and the partnerships we've built across Greenwich.

Thank you for being part of it. Your support makes everything we do possible, and we're deeply grateful.

In the year ahead, we're expanding in thoughtful ways through more creative partnerships and services that respond to the evolving needs of our community. One example is the reopening of our on-site Early Learning Center and Preschool in fall 2025. Together with our After School Enrichment Program and Summer Day Camp, it will create a strong continuum of care that helps working families access affordable, high-quality programs for their children. Thanks to our financial assistance program, these services will remain within reach to families who need extra support.

We're more committed than ever to ensuring everyone in our community has access to the resources and relationships they need to thrive

With appreciation,

Matthew Skaarup
Chief Executive Officer

Marcel Bens

Chairman of the Board

And les

OUR IMPACT IN 2024

COMMUNITY MEMBERS 8,500+ COMMUNITY MEN

3,422 TOTAL MEMBERSHIP

9% OVERALL INCREASE FROM 2023

5,000+

PROGRAM PARTICIPANTS IN PROGRAMS LIKE CAMP, COMPETITIVE **AQUATICS, YOUTH AND ADULT PROGRAMS & SWIM LESSONS**

FOR COMMUNITY

\$463,600+

IN FINANCIAL ASSISTANCE AND GRANT SUPPORT HELPED SERVE OUR COMMUNITY IN THESE KEY AREAS:









Water Safety

FOR YOUTH DEVELOPMENT



1,800+

LOCAL YOUTH SERVED THROUGH OUR **FACILITIES & PROGRAMS**



543

YOUTH LEARNING LEADERSHIP SKILLS AND **RESILIENCY THROUGH OUR COMPETITIVE AOUATIC PROGRAMS**



40%

OF FAMILIES RECEIVE CRITICAL CHILD CARE THROUGH SUMMER CAMP SCHOLARSHIPS



52%

OF STUDENTS IN OUR AFTER SCHOOL **ENRICHMENT PROGRAM RECEIVE** FINANCIAL AID ASSISTANCE

FOR SOCIAL RESPONSIBILITY



100

CHILDREN RECEIVED NEW SCHOOL CLOTHING THROUGH OUR RUNNING START PROGRAM. **GIVING CHILDREN CONFIDENCE AT THE START** OF A NEW SCHOOL YEAR



600+

4TH GRADE STUDENTS IN GREENWICH PUBLIC **SCHOOLS BEING TAUGHT CRITICAL WATER** SAFETY SKILLS THROUGH OUR SAFETY AROUND WATER PROGRAM



576

SCHOLARSHIPS GIVEN THROUGH MEMBERSHIP FOR ALL FINANCIAL AID PROGRAM, ENSURING EVERYONE IN OUR **COMMUNITY HAS A PLACE AT THE Y**

FOR HEALTHY LIVING



50+

ACTIVE PARTICIPANTS IN OUR PARKINSONS BODY AND MIND WELLNESS **CLASSES, OFFERED AT ZERO COST**



OLDER ADULTS ENJOY FREE YMCA MEMBERSHIP THROUGH RENEW ACTIVE

WHERE MEMORIES ARE MADE

SAFE, FUN, & AFFORDABLE SUMMER CHILD CARE SERVICES.



of the children in our summer camp program receive financial assistance.

Michelle Castellanos, Parent of a Summer Camp **Scholarship Recipient**







Swim Lessons at Camp

All of our summer campers gain confidence in the water through weekly instructional and free swim sessions. New swimmers take a swim test to assess their water safety skills and comfort level, ensuring a safe and supportive experience. It's a fantastic way to build lifelong water confidence in a fun and secure environment.

WHERE BELONGING BEGINS

FROM WORKOUTS TO LIFELONG FRIENDSHIPS—JEFF'S YMCA JOURNEY.



Since joining the YMCA of Greenwich in 2013 to improve his basketball performance in high school, Jeff has become one of our most dedicated and inspiring members. In just the first quarter of this year alone, Jeff has checked into the Y an incredible 216 times—often coming twice a day to focus on weight training, cardio, and basketball. But for Jeff, it's never been just about the workouts.

A big part of Jeff's Y experience has been the adult basketball lunch league—a close-knit group of men who have been playing together for years. Meeting almost every weekday during lunchtime, the group provides a way to stay active, connect, and break up the workday.

"I've seen the Y go through so many seasons, but the best part has always been the people. The community I've found here—especially through basketball—has made the biggest impact. These are the memories I'll always carry with me."

Jeff Bonghanoy, Longtime YMCA Member & Frequent User of YMCA Facilities

Over the years, the lunchtime basketball crew has become more than just a group of players—they've become a brotherhood. When one longtime member was diagnosed with cancer and could no longer play, the group honored him by cutting down the net, turning a simple gesture into a powerful symbol of support and solidarity.

Throughout his more than a decade at the Y, Jeff has built lasting friendships not only on the court but also with our wellness staff and trainers—some of whom have become his closest friends. Jeff's story is a powerful reminder of what's possible when dedication is supported by community—right here at the YMCA of Greenwich.

WHERE STRENGTH IS REDISCOVERED



members actively participating in our Parkinson's Body & Mind classes

"Parkinson's Body & Mind is happy to partner with the YMCA of Greenwich to serve people with Parkinson's Disease (PD) in the community. Our science-based exercise program taught by specially trained YMCA instructors allows people with PD to exercise safely and live their best lives. Exercise is currently the only disease modifying treatment for PD and, with the Y, we bring this to our community."





Monthly Support Group

In addition to the 80+ wellness classes offered monthly, the YMCA of Greenwich offers a free monthly Parkinson's support group that is open to everyone in the community—not just Y members. The group is led by clinical professionals with experience supporting individuals living with Parkinson's disease and is offered in partnership with the Parkinson's Body and Mind program. These monthly gatherings provide a welcoming space for participants to share experiences, gain valuable insights, and connect with others navigating similar journeys.

WHERE KIDS BECOME ATHLETES

COMPETITIVE AQUATIC PROGRAMS AT THE YMCA



GREENWICH AQUATICS WATER POLO

2024 was a landmark year for Greenwich Aquatics Water Polo, with over 300 athletes making their mark on the national stage. The Middle School Girls and Boys teams placed 7th in the country, while the 12U Boys and Girls finished 4th and 5th at the USA Rock-Tober Tournament. The club qualified 15 teams for the National Junior Olympics—the only non-California club to do so—with five age groups finishing in the top 11 nationwide. Five athletes earned All-American honors, 15 were named to USA National Teams, and two represented the U.S. at the Cadet World Championships.

Ulmis Iordache, Head Coach Kim Tierney-Wang, Program Coordinator Coaches: Gabriel Maldonado, Paul Constantin, Ilija Duretic, Jamie Wolff, Thomas Dunstan, John Krill, Daniela Screnci, Eileen Loveless, Addison Collins



MARLINS DIVING CLUB

The Marlins Diving Club continued its tradition of excellence in 2024, earning second-place finish for the Men's team at AAU Nationals. Seven Marlins competed at the meet, bringing home six National titles. On the international stage, three divers qualified for two separate meets and medaled at both. Five divers competed at the USA Diving Championship, earning one National title, and two more titles were claimed at the YMCA National Championship. The team's continued success reflects the strength and dedication of its athletes and coaches.

Dylan Korn, Head Coach Coaches: Brooke Reinfield, Maureen Arnold



MARLINS SWIM TEAM

The Marlins Swim Team had a strong year of competition and growth across all age groups, placing 5th at the 2024 CT Age Group Championships, highlighted by 4 Individual CT State Champions. The Marlins also won their 2nd consecutive Overall CT Regional Championships, and 3rd consecutive Boys CT Regional Championships. At the 2024 YMCA Long Course Nationals, the Marlins qualified 5 swimmers. Ellison Charette and Kate Chesley each secured individual Top 5 finishes. A total of 34 swimmers qualified for the 2024 Speedo Winter Championships in Plantation, FL, showcasing the team's depth and talent.

Patrick Kennedy, Head Coach Coaches: Bill Walsh, Noreen Haggarty, Steve Miller, Megan Kelly, Ainslie Dorrian, Sandi Honey

BOARD OF DIRECTORS

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LEADERSHIP TEAM

Matthew Skaarup

Chief Executive Officer

Nate Smith Vice President of Operations

Jodi FitzGerald

Senior Director of Member Experience

Kelley Gordon-Minott

Senior Director of Youth Development

Stephen Melvin Director of Finance Julia Borges

Camp & Childcare Director

Lauren Gaita

Aquatic Program and Training Manager

Steven Lesperance

Facilities Director

Dakota O'Brien

Director of Marketing and Communications

Manuel Salcedo

Membership Relations Manager

COMMUNITY PARTNERS















Yale NewHaven Health Greenwich Hospital





















NEW PROGRAMS

SAFETY AROUND WATER

In partnership with Greenwich Public Schools, we launched Safety Around Water, evaluating over 600 fourth graders for essential water safety skills. Students needing support were offered free six-week swim lessons to ensure they are safe and confident in the water.

HELPING HANDS VOLUNTEERS

We launched the Helping Hands Volunteer program, working with VolunteerMatters to build a structured volunteer program that engages more community members and deepens our impact across programs and events.

ADAPTIVE SWIM LESSONS

Our new Adaptive Swim program, powered by Swim Whisperers® training, equips instructors to teach individuals with disabilities—including those with ADHD, Autism, Down Syndrome, and sensory challenges—ensuring swimmers of all abilities can thrive in the water.

MENTAL HEALTH COUNSELING

In partnership with Jewish Family Services, we introduced individual and family counseling at the Y—an important new service addressing mental health needs in our community. We're proud to collaborate with an organization that brings deep expertise and compassion to this vital work.

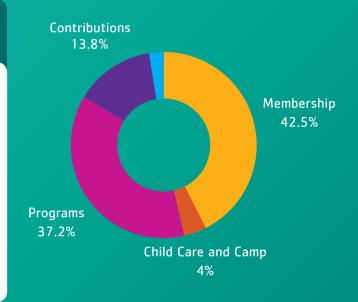
MAKING EACH DOLLAR COUNT

Year Ended December 31, 2024

The Y's meaningful work is possible thanks to a strong financial foundation. The following summary shows our financial stability and growth in 2024.

SUPPORT & REVENUE

	2023	2024
Membership	3,248,345	3,675,908
Child Care & Camp Fees	206,965	342,021
Program Service Fees	2,996,886	3,210,414
Contributions & Grants	1,139,473	1,193,922
Other Income	185,421	218,938
TOTAL REVENUE	7,777,090	8,641,203



OPERATING EXPENSES



	2023	2024
Programs	3,088,224	3,335,939
Management & General	3,032,812	4,130,787
Development & Fundraising	194,756	226,559
Depreciation & Interest	1,605,231	1,625,358
TOTAL EXPENSES	7,921,023	9,318,643

- Programs: Includes all youth programming, wellness programming, personal training, aquatic programming, swim school, and American Red Cross Training.
- Other Income: Includes all income received from facility rentals.
- Contributions: Includes all donations received, as well as contributions from our annual gala.
- Grants: Includes all grants received, including those from the Neighborhood Assistance Act.
- Management & General: Includes all expenses associated with management, facilities, membership, and communications.

2024 DONORS

LEADERSHIP CIRCLE \$100,000+

Charles and Kerry Tyler Sandy and Steve Waters

HEROES \$50,000+

The Burton Family Lukaj Family Foundation Town of Greenwich United Way of Greenwich

CHAIRMAN'S CIRCLE \$25,000+

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VISIONARY \$20,000+

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ADVOCATE \$10,000+

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Ana & Steve Ripp

PARTNERSHIP WITH UNITED WAY OF GREENWICH

We're grateful for the increased support from the United Way of Greenwich, a valued partner in strengthening our community.

Their investment expanded scholarship opportunities for our After School program and, through the Reading Champions partnership, brought dedicated volunteers to provide weekly one-on-one literacy support to our students.





Together, we're helping students build confidence, improve reading skills, and discover the joy of reading—one book at a time.

Kim & Rich Rosenbaum Bill and Marie Woodburn John and Stephanie Wu

GOLD PATRON \$5,000+

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If we have omitted or misspelled a name, we apologize and ask that you contact Dakota O'Brien at dobrien@gwymca.org so we may update our records.

2024 DONORS

SILVER PATRON \$1,000+

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2024 EVENTS & HIGHLIGHTS AN EVENING IN MONTE CARLO GALA

On April 6, 2024, YMCA supporters, donors, and members gathered at the Greenwich Country Club for our first-ever casino-themed Gala. The exciting new theme added a fresh layer of fun and entertainment to the evening, while also introducing a new revenue stream to support our mission. The event was a tremendous success, raising vital funds for the Y's annual campaign and advancing our commitment to offering affordable youth, family, and senior programming that fosters connection, growth, and well-being for all.













\$415,000 RAISED IN DONATIONS

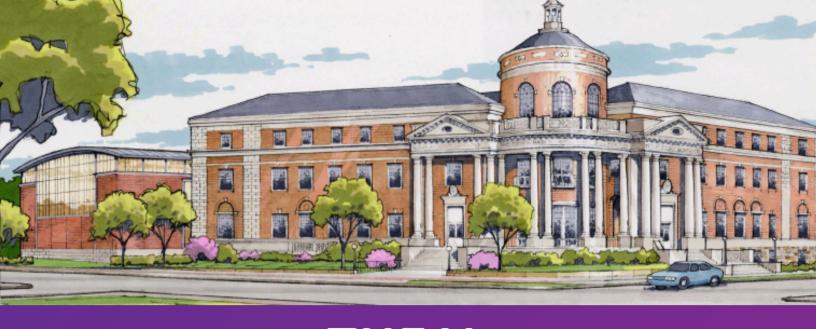
2024 HONOREE

Al Brodbeck



At the 2024 Gala, we proudly honored Albert Brodbeck for his outstanding service and dedication to the YMCA of Greenwich. For the past decade, Al has served on our Board of Directors, offering invaluable guidance and championing the Y's mission at every turn. His leadership has helped forge lasting connections with local organizations and new board members who continue to support our cause.

Beyond his role as a board member, Al also volunteers on the Membership & Programs Committee, helping to shape the member and participant experience at the Y. His impact as a member, volunteer, and advocate is a shining example of how one person can help strengthen an entire community. Thank you, Al, for all you've done and continue to do for the Y.



THE Y: A VITAL COMMUNITY ASSET

For more information on how the YMCA of Greenwich is making a difference in our community, visit:

GreenwichYMCA.org/Give/Annual

YMCA OF GREENWICH

50 EAST PUTNAM AVENUE GREENWICH, CT 06830



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