

APRIL GYM SCHEDULE

PLEASE READ NOTES BELOW FOR VARIATIONS TO THIS SCHEDULE!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a - 9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a - 9:00a OPEN GYM	6:00a-7:00a OPEN GYM	7:00a-9:00a OPEN GYM
9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS 7:30a-8:30a PICKLEBALL CLINIC BEGINNER 4/7 & 4/14 INTERMED. 4/21 & 4/28	9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS 7:15a-9:15a OPEN GYM	9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	7:00a-8:00a BOOTCAMP CLASS 8:00a-9:15a OPEN GYM	9:15a-11:15a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED) ON 4/19 TILL 11:00 ONLY
12:00p-2:00p ADULT LUNCH BASKETBALL	8:45a-9:30a ULTIMATE CARDIO KICK CLASS	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-10:30a AMAZING KICKERS SOCCER	11:30a -4:45p OPEN GYM
2:00p-4:45p OPEN GYM BASKETBALL	9:30a-12:00p OPEN GYM	2:00p-4:45p OPEN GYM BASKETBALL		2:00p-5:30p OPEN GYM BASKETBALL	10:45a-12:45p PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED) NO PB PLAY ON APRIL 25TH	4:45P CLOSED
5:00p-6:45p OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	5:00p-7:30p GREENWICH STARS YMCA CLINIC NOTE: GREENWICH STARS WILL NOT BE HERE ON 4/1	12:00p-2:00p ADULT LUNCH BASKETBALL	5:30p-9:45p OPEN GYM		
7:00p-8:15p GREENWICH STARS	2:00p-3:45p OPEN GYM BASKETBALL		2:00p-3:45p OPEN GYM BASKETBALL	9:45P CLOSED	1:00p-5:45p OPEN GYM	
8:30p-9:45p OPEN GYM	4:00p-5:00p AFTER SCHOOL PROGRAM GYM TIME	7:45p-9:45p OPEN GYM	4:00p-5:00p AFTER SCHOOL PROGRAM GYM TIME		5:45P CLOSED	
9:45P CLOSED	5:30p-6:30p OPEN VOLLEYBALL	9:45P CLOSED	5:15p-6:15p LITTLE OLYMPIANS AGES 5-7 & 8-11		 3/24/2026	
	6:45p-7:45p OPEN GYM		6:30p-7:30p BASKETBALL TRAINING W/COACH D.			
	7:45p-9:45p PICKLEBALL PLAY		7:45p-9:45p OPEN GYM			
	9:45P CLOSED		9:45P CLOSED			

**BOXES HIGHLIGHTED IN YELLOW
ARE PROGRAMS FOR SCHOOL
AGED KIDS**

VARIATIONS TO THE FEBUARY SCHEDULE:

Pickleball CLINICS: These clinics are free to Greenwich YMCA members, *non-members \$20.00*
Registration is required. **Beginners** Clinics 4/7 & 4/14. **Intermediate** Clinics 4/21 & 4/28.

The gym will be closed on Sunday, April 19th, from 11:00-4:00

The gym will be closed on Saturday, April 25th, from 10:00-5:00.

The gym will be closed for Safety Around Water classes from
9:00-1:00 on the following Tuesdays: April 21 and April 28.