

OLYMPIC POOL SCHEDULE: AUGUST 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am-9:30am 25 yards (14 lanes)	5am-5:30pm 25 yards (14 lanes)	5am-8am 50 meters (8 lanes)	5am-5:30pm 25 yards (14 lanes)	5am-9:30am 25 yards (14 lanes)		
9:30am-12:30pm 25 yards (7 lanes)		8am-8:45am (no lanes)		9:30am-12:30pm 25 yards (6 lanes)	6am-4:30pm 25 yards (14 lanes)	7am-4:30pm 25 yards (14 lanes)
12:30pm-2:15pm 25 yards (12 lanes)	5:30pm-6:30pm 25 yards (12 lanes)	8:45am-10:15am 25 yards (14 lanes)	5:30pm-6:30pm 25 yards (12 lanes)	12:30pm-2:15pm 25 yards (12 lanes)		
2:15pm-8:30pm 25 yards (14 lanes)	6:30pm-7:30pm 25 yards (14 lanes)	10:15am-12:30pm 25 yards (9 lanes)	6:30pm-8:30pm 25 yards (14 lanes)	2:15pm-8:30pm 25 yards (14 lanes)		
	7:30pm-8:30pm 25 yards (9 lanes)	12:30pm-8:30pm 25 yards (14 lanes)				

Notes:

Olympic Pool Closes on August 16th
Entire Facility Closes on August 23rd

The YMCA Re-Opens on August 31st
Thank you!

Lap Swimming Tips:

- One lane in Olympic pool can safely & comfortably accommodate 6-8 swimmers
- Three (3) or more swimmers in one lane must circle swim
- Always enter pool feet first, no diving
- Pool schedules are subject to change



YMCA OF GREENWICH
50 East Putnam Ave • greenwichymca.org

ALUMNI POOL OPEN & FAMILY SWIM SCHEDULE: AUGUST 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am - 8am Open & Family Swim	7am - 9:30am Open & Family Swim	7am - 8am Open & Family Swim	7am - 8am Open & Family Swim	7am- 7:30pm Open & Family Swim	7am - 8:00am Open & Family Swim	7am - 8:30am Open & Family Swim
9am - 7:30pm Open & Family Swim		9am - 1pm Open & Family Swim				
					3:30pm - 4:30pm Open & Family Swim	3:30pm - 4:30pm Open & Family Swim
	6:00pm-7:30pm	6:00pm-7:30pm	6:00pm-7:30pm			

Family Swim Supervision Requirements

Alumni Pool is held with a temperature between 86°F and 88°F.

•CLOSED AUGUST 23-AUGUST 30

•THE POOL WILL CLOSE AT 7PM on AUGUST 5 AND JULY 12

•Children that can't stand with their mid-chest, head, and chin out of the water, must always be within arm's length of an actively involved adult caregiver who is in the water with the child; or be wearing a properly fitted United States Coast Guard (USCG) approved personal flotation device (PFD)

•During Family Swim times, children 8 years of age and under must have a designated guardian (over the age of 18) supervising them in the pool area.

•Children ages 9-12 may be in the pool area without an on-deck supervising adult, but a supervising adult MUST remain in the pool-viewing area and easily accessible in the event of emergencies.

Open Swim

•There will be one (1) designated lane for lap swimming. Always enter the pool feet first, no diving