



DECEMBER GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	7:00a-8:45a OPEN GYM	7:00a-9:00a OPEN GYM
9:00a-10:30a BEGINNER OPEN PICKLEBALL	6:15a-7:15a BOOTCAMP CLASS	9:00a-10:30a ADVANCED OPEN PICKLEBALL	6:15a-7:15a BOOTCAMP CLASS	9:00a-10:30a ADVANCED OPEN PICKLEBALL	9:00a-10:00a LITTLE DRIBBLERS	9:00a-11:00a GREENWICH STARS
10:30a-11:50a ADVANCED OPEN PICKLEBALL	7:15a-8:30a OPEN GYM	10:30a-11:50a BEGINNER OPEN PICKLEBALL	7:15a-9:30a OPEN GYM	10:30a-11:50a BEGINNER OPEN PICKLEBALL	10:15a-11:15a SMALL GROUP COACHING 7-11 YEARS	11:15a-1:15p OPEN PICKLEBALL
12:00p-2:00p ADULT LUNCH BASKETBALL	8:45a-9:30a ULTIMATE CARDIO KICK CLASS	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-10:30a BEGINNER OPEN PICKLEBALL	12:00p-2:00p ADULT LUNCH BASKETBALL	11:30a-12:30p SMALL GROUP COACHING 11-13 YEARS	1:30p-4:45p OPEN GYM
2:00p-2:45p OPEN GYM	9:30a-12:00p OPEN GYM	2:00p-2:45p OPEN GYM	10:30a-11:50a ADVANCED OPEN PICKLEBALL	2:00p-2:45p OPEN GYM	12:45p-2:30p OPEN PICKLEBALL	4:45P CLOSED
2:45p-3:30p TEEN OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	2:45p-4:45p TEEN OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	2:45p-4:45p TEEN OPEN GYM	2:45p-4:45p OPEN GYM	
3:30p-4:30p MULTI SPORTS PROGRAM 4-6 YR OLDS	2:00p-2:45p OPEN GYM	5:00p-7:30p GREENWICH STARS	2:00p-2:45p OPEN GYM	4:45p-8:45p OPEN GYM	4:45P CLOSED	
4:45p-5:45p MULTI SPORTS PROGRAM 7-10 YR OLDS	3:00p-4:00p YOUTH AFTER SCHOOL FITNESS BLOCK	7:45p-8:45p OPEN GYM	3:00p-4:00p YOUTH AFTER SCHOOL FITNESS BLOCK	8:45P CLOSED		
6:00p-7:00p BASKETBALL CONDITIONING 10-13 YR OLDS	4:00p-6:15p TEEN OPEN GYM	8:45P CLOSED	4:00p-6:15p TEEN OPEN GYM			
7:00p-8:15p* GREENWICH STARS*	6:30p-8:45p OPEN GYM		6:30p-8:45p OPEN GYM			
8:15p-8:45p OPEN GYM	8:45P CLOSED		8:45P CLOSED			
8:45P CLOSED						

11/27/2024

NOTES & SCHEDULE CHANGES:

ON TUESDAY DECEMBER 10 & 17 FROM 9:30-1:00 THE GYM WILL BE CLOSED FOR SAFETY AROUND WATER CLASSES. "ADULT LUNCH BASKETBALL" WILL BE PUSHED BACK TO 1:00-2:45 ON THESE TWO DAYS.

THE GYM WILL BE CLOSED FROM 2:00-5:00PM SUNDAY, DECEMBER 8TH.

***THE FOLLOWING SUNDAYS THERE WILL BE OPEN GYM TIME 9:00a-11:00a: 12/1, 12/22 AND 12/29.**

***THE FOLLOWING MONDAYS THERE WILL BE OPEN GYM TIME 7:00p-8:15p: 12/23 AND 12/30.**

Pickleballs & paddles are to be provided by member(s) using the courts.