


FEBRUARY GYM SCHEDULE

PLEASE READ NOTES BELOW FOR VARIATIONS TO THIS SCHEDULE!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a – 9:00a OPEN GYM	5:00a–6:15a OPEN GYM	5:00a–9:00a OPEN GYM	5:00a–6:15a OPEN GYM	5:00a – 9:00a OPEN GYM	6:00a–7:00a OPEN GYM	7:00a–9:00a OPEN GYM
9:00a–11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a–7:15a BOOTCAMP CLASS	9:00a–11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a–7:15a BOOTCAMP CLASS	9:00a–11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	7:00a–8:00a BOOTCAMP CLASS	9:15a–11:15a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)
	7:30a–8:30a PICKLEBALL CLINIC BEGINNER 2/3 & 2/10 INTERMED. 2/17 & 2/24		7:15a–9:15a OPEN GYM		8:00a–9:15a OPEN GYM	
12:00p–2:00p ADULT LUNCH BASKETBALL	8:45a–9:30a ULTIMATE CARDIO KICK CLASS	12:00p–2:00p ADULT LUNCH BASKETBALL	9:30a–11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	12:00p–2:00p ADULT LUNCH BASKETBALL	9:30a–10:30a AMAZING KICKERS SOCCER	11:30a–2:30p OR 11:30–4:45p OPEN GYM**
2:00p–4:45p OPEN GYM BASKETBALL	9:30a–12:00p OPEN GYM	2:00p–4:45p OPEN GYM BASKETBALL		2:00p–5:30p OPEN GYM BASKETBALL	10:45a–12:45p PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	**NOTE: on 2/8 & 2/22 the gym closes at 2:30
5:00p–6:00p ADAPTIVE SPORTS	12:00p–2:00p ADULT LUNCH BASKETBALL	5:00p–7:30p GREENWICH STARS YMCA CLINIC	12:00p–2:00p ADULT LUNCH BASKETBALL	5:30p–9:45p OPEN GYM	9:45a–12:45p PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	4:45P CLOSED
6:00p–6:45p OPEN GYM	2:00p–3:45p OPEN GYM BASKETBALL	7:45p–9:45p OPEN GYM	2:00p–3:45p OPEN GYM BASKETBALL	9:45P CLOSED		1:00p–5:45p OPEN GYM
7:00p–8:15p GREENWICH STARS	4:00p–5:00p AFTER SCHOOL PROGRAM GYM TIME	9:45P CLOSED	4:00p–5:00p AFTER SCHOOL PROGRAM GYM TIME		5:45P CLOSED	
8:30p–9:45p OPEN GYM	5:30p–6:30p OPEN VOLLEYBALL		5:15p–6:15p LITTLE OLYMPIANS AGES 5-7 & 8-11		<div></div> <div>1/26/2026</div>	
9:45P CLOSED	6:45p–7:45p OPEN GYM		6:30p–7:30p BASKETBALL TRAINING W/ DINERO			
	7:45p–9:45p PICKLEBALL PLAY		7:45p–9:45p OPEN GYM			
	9:45P CLOSED		9:45P CLOSED		BOXES HIGHLIGHTED IN YELLOW ARE PROGRAMS FOR SCHOOL AGED KIDS	

VARIATIONS TO THE FEBUARY SCHEDULE:

Pickleball CLINICS: These clinics are free to Greenwich YMCA members, *non-members \$20.00*
Registration is required. **Beginners** Clinics 2/3 & 2/10. **Intermediate** Clinics 2/17 & 2/24.

On Monday, February 2nd, the gym will be closed from 6:30pm to closing.

On Wednesday, February 4th, the gym will be closed from 5:00pm to 8:00pm.

On Sunday, February 8th and February 22nd, the gym will close at 2:30.

On Sunday, February 15th, the gym will be closed from 12:00–2:30pm.

On Saturday, February 28th and Sunday March 1, the gym will be closed.

The gym will be closed for Safety Around Water classes from 9:00–1:00 on the following Tuesdays: 2/3 & 2/24.