

# FEBRUARY GYM SCHEDULE

PLEASE READ NOTES BELOW FOR VARIATIONS TO THIS SCHEDULE!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a - 9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a - 9:00a OPEN GYM	6:00a-7:00a OPEN GYM	7:00a-9:00a OPEN GYM
9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS 7:30a-8:30a PICKLEBALL CLINIC BEGINNER 2/3 & 2/10 INTERMED. 2/17 & 2/24	9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS 7:15a-9:15a OPEN GYM	9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	7:00a-8:00a BOOTCAMP CLASS 8:00a-9:15a OPEN GYM	9:15a-11:15a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)
12:00p-2:00p ADULT LUNCH BASKETBALL	8:45a-9:30a ULTIMATE CARDIO KICK CLASS	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-10:30a AMAZING KICKERS SOCCER	11:30a-2:30p OR 11:30-4:45p OPEN GYM**
2:00p-4:45p OPEN GYM BASKETBALL	9:30a-12:00p OPEN GYM	2:00p-4:45p OPEN GYM BASKETBALL	2:00p-5:30p OPEN GYM BASKETBALL	10:45a-12:45p PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	**NOTE: on 2/8 & 2/22 the gym closes at 2:30	
5:00p-6:00p ADAPTIVE SPORTS	12:00p-2:00p ADULT LUNCH BASKETBALL	5:00p-7:30p GREENWICH STARS YMCA CLINIC	12:00p-2:00p ADULT LUNCH BASKETBALL	5:30p-9:45p OPEN GYM	4:45P CLOSED	
6:00p-6:45p OPEN GYM	2:00p-3:45p OPEN GYM BASKETBALL	7:45p-9:45p OPEN GYM	2:00p-3:45p OPEN GYM BASKETBALL	9:45P CLOSED	1:00p-5:45p OPEN GYM	
7:00p-8:15p GREENWICH STARS	4:00p-5:00p AFTER SCHOOL PROGRAM GYM TIME	9:45P CLOSED	4:00p-5:00p AFTER SCHOOL PROGRAM GYM TIME		5:45P CLOSED	
8:30p-9:45p OPEN GYM	5:30p-6:30p OPEN VOLLEYBALL		5:15p-6:15p LITTLE OLYMPIANS AGES 5-7 & 8-11			
9:45P CLOSED	6:45p-7:45p OPEN GYM		6:30p-7:30p BASKETBALL TRAINING W/ DINERO			
	7:45p-9:45p PICKLEBALL PLAY		7:45p-9:45p OPEN GYM			
	9:45P CLOSED		9:45P CLOSED			



1/26/2026

BOXES HIGHLIGHTED IN YELLOW  
ARE PROGRAMS FOR SCHOOL  
AGED KIDS

## VARIATIONS TO THE FEBUARY SCHEDULE:

**Pickleball CLINICS:** These clinics are free to Greenwich YMCA members, non-members \$20.00  
Registration is required. **Beginners Clinics 2/3 & 2/10. Intermediate Clinics 2/17 & 2/24.**

**On Monday, February 2nd, the gym will be closed from 6:30pm to closing.**

**On Wednesday, February 4th, the gym will be closed from 5:00pm to 8:00pm.**

**On Sunday, February 8th and February 22nd, the gym will close at 2:30.**

**On Sunday, February 15th, the gym will be closed from 12:00-2:30pm.**

**On Saturday, February 28th and Sunday March 1, the gym will be closed.**

**The gym will be closed for Safety Around Water classes from  
9:00-1:00 on the following Tuesdays: 2/3 & 2/24.**