

# February

## GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	7:00a-8:30a OPEN GYM	7:00a-9:00a OPEN GYM
9:00a-10:30a BEGINNER PICKLEBALL PLAY (SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-10:30a ADVANCED PICKLEBALL PLAY (SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-10:30a ADVANCED PICKLEBALL PLAY (SIGN UP REQUIRED)	8:30a-10:15a AMAZING KICKERS SOCCER	9:00a-11:00a GREENWICH STARS
10:30a-11:50a ADVANCED PICKLEBALL PLAY (SIGN UP REQUIRED)	7:30a-8:30a BEGINNER PICKLEBALL CLINIC (SIGN UP REQUIRED)	10:30a-11:50a BEGINNER PICKLEBALL PLAY (SIGN UP REQUIRED)	7:15a-9:30a OPEN GYM	10:30a-11:50a BEGINNER PICKLEBALL PLAY (SIGN UP REQUIRED)	10:30a-1:30p OPEN GYM	11:15a-1:15p PICKLEBALL PLAY (SIGN UP REQUIRED)
12:00p-2:00p ADULT LUNCH BASKETBALL	8:45a-9:30a ULTIMATE CARDIO KICK CLASS	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-10:30a BEGINNER PICKLEBALL PLAY (SIGN UP REQUIRED)	12:00p-2:00p ADULT LUNCH BASKETBALL	1:45p-3:15p PICKLEBALL PLAY (SIGN UP REQUIRED)	1:30p-4:45p OPEN GYM
2:00p-4:15p TEEN OPEN GYM	9:30a-12:00p OPEN GYM	2:00p-2:45p OPEN GYM	10:30a-11:50a ADVANCED PICKLEBALL PLAY (SIGN UP REQUIRED)	2:00p-4:45p TEEN OPEN GYM	3:15p-4:45p OPEN GYM	4:45P CLOSED
4:30p-5:30p MULTI SPORTS PROGRAM	12:00p-2:00p ADULT LUNCH BASKETBALL	2:45p-4:45p TEEN OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	5:00p-7:00p Y REC BASKETBALL LEAGUE	4:45p CLOSED	
5:45p-6:45p BASKETBALL CONDITIONING	2:00p-3:00p OPEN GYM	5:00p-7:30p GREENWICH STARS	2:00p-3:00p OPEN GYM	7:15p-8:45p OPEN GYM		
7:00p-8:15p GREENWICH STARS	3:00p-4:30p AFTER SCHOOL GYM TIME (1/2 GYM 4:00-4:30)	7:45p-8:45p OPEN GYM	3:00p-4:30p AFTER SCHOOL GYM TIME (1/2 GYM 4:00-4:30)	8:45p CLOSED		
8:15p-8:45p OPEN GYM	4:00p-5:00p TEEN OPEN GYM	8:45p CLOSED	4:00p-5:00p TEEN OPEN GYM			
8:45p CLOSED	5:00p-8:00p Y REC H.S. BASKETBALL LEAGUE		5:00p-8:00p Y REC M.S. BASKETBALL LEAGUE			
	8:15p-8:45p OPEN GYM		8:15p-8:45p OPEN GYM			
	8:45P CLOSED		8:45P CLOSED			

1/31/2025

### NOTES & SCHEDULE CHANGES:

Pickleballs & paddles are to be provided by players. Registration is required.  
Maximum enrollment 12 per session. Greenwich YMCA members play free.

**One session per day per player only.**

The gym will be closed for special events on the following days:

**Saturday 2/15** from 5:00pm-6:00 pm      **Sunday 2/23** from 8:45am - 4:00pm

**Friday 2/28** from 5:45pm - 8:30pm

**ON THE FOLLOWING TUESDAYS THE GYM WILL BE CLOSED FROM 9:30-1:00 FOR SAFETY AROUND WATER CLASSES: FEBRUARY 4 & 25. "ADULT LUNCH BASKETBALL" WILL BE PUSHED BACK TO 1:00-2:45 ON THESE DAYS.**