

Alumni Pool Open & Family Swim Schedule: July

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am - 8am Open & Family Swim	7am - 8am Open & Family Swim	7am - 8am Open & Family Swim	7am - 8am Open & Family Swim	7am - 6:30pm Open & Family Swim	7am - 9am Open & Family Swim	7am - 4pm Open & Family Swim
9am - 3:30pm Open & Family Swim	9-9:30am Open Swim	9-9:30am Open Swim				
			11am-12:30pm Open & Family Swim			
	11:30am-12:30pm Open & Family Swim					
		2pm - 3:30pm Open & Family Swim			2pm - 4pm Open & Family Swim	
6:30pm - 7:30pm Open & Family Swim	6:30pm - 7:30pm Open & Family Swim	6:30pm - 7:30pm Open & Family Swim	6:30pm - 7:30pm Open & Family Swim			

Family Swim Supervision Requirements

Alumni Pool is held with a temperature between 86°F and 88°F.

•CLOSED JULY 4

- Children that can't stand with their mid-chest, head, and chin out of the water, must always be within arm's length of an actively involved adult caregiver who is in the water with the child; or be wearing a properly fitted United States Coast Guard (USCG) approved personal flotation device (PFD)
- During Family Swim times, children 8 years of age and under must have a designated guardian (over the age of 18) supervising them in the pool area.
- Children ages 9-12 may be in the pool area without an on-deck supervising adult, but a supervising adult MUST remain in the pool-viewing area and easily accessible in the event of emergencies.

Open Swim

- There will be one (1) designated lane for lap swimming. Always enter the pool feet first, no diving

OLYMPIC POOL SCHEDULE: JULY 1-31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am-8am 50 meters (3 lanes)	5am-8am 50 meters (4 lanes)	5am-8am 50 meters (3 lanes)	5am-8am 50 meters (4 lanes)	5am-8am 50 meters (3 lanes)		
8am-8:30am (no lanes)	8am-8:30am (no lanes)	8am-8:30am (no lanes)	8am-8:30am (no lanes)	8am-8:30am (no lanes)	7am-8am 25 yards (9 lanes)	7am-4:30pm 25 yards (9 lanes)
8:30am-3pm 25 yards (6 lanes)	8:30am-1pm 25 yards (9 lanes)	8:30am-2pm 25 yards (8 lanes)	8:30am-1pm 25 yards (9 lanes)	8:30am-4pm 25 yards (6 lanes)	8am-10am 25 yards (7 lanes)	
3pm-4pm 25 yards (9 lanes)	1pm-4pm 25 yards (7 lanes)	2pm-4pm 25 yards (7 lanes)	1pm-4pm 25 yards (7 lanes)		10am-4:30pm 25 yards (9 lanes)	
4pm-5pm No Lanes	4pm-6:30pm 25 yards (2 lanes)	4pm-5pm No Lanes	4pm-5pm No Lanes	4pm-8:30pm 25 yards (8 lanes)		
5pm-6:30pm 25 yards (2 lanes)		5pm-6:30pm 25 yards (2 lanes)	5pm-6:30pm 25 yards (2 lanes)			
6:30pm-8:30pm 25 yards (8 lanes)	6:30pm-8:30pm 25 yards (5 lanes)	6:30pm-8:30pm 25 yards (8 lanes)	6:30pm-8:30pm 25 yards (8 lanes)			

Lap Swimming Tips:

- One lane in Olympic pool can safely & comfortably accommodate 6-8 swimmers
- Three (3) or more swimmers in one lane must circle swim
- Always enter pool feet first, no diving
- Pool schedules are subject to change



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50 East Putnam Ave • greenwichymca.org

