

# OLYMPIC POOL SCHEDULE: JUNE 16-30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am-8am 50 meters (3 lanes)	5am-8am 50 meters (4 lanes)	5am-8am 50 meters (3 lanes)	5am-8am 50 meters (4 lanes)	5am-8am 50 meters (3 lanes)		
8am-8:30am (no lanes)	8am-8:30am (no lanes)	8am-8:30am (no lanes)	8am-8:30am (no lanes)	8am-8:30am (no lanes)	7am-8am 25 yards (10 lanes)	7am-4:30pm 25 yards (10 lanes)
8:30am-4pm 25 yards (8 lanes)	8:30am-4pm 25 yards (10 lanes)	8:30am-4pm 25 yards (8 lanes)	8:30am-4pm 25 yards (10 lanes)	8:30am-4pm 25 yards (8 lanes)	8am-10am 25 yards (7 lanes)	
					10am-4:30pm 25 yards (10 lanes)	
4pm-6:30pm No Lanes	4pm-6:30pm No Lanes	4pm-6:30pm No Lanes	4pm-6:30pm No Lanes	4pm-6:30pm No Lanes		
6:30pm-8:30pm 25 yards (7 lanes)	6:30-7:30pm 25 yards (7 lanes)	6:30pm-8:30pm 25 yards (7 lanes)	6:30pm-8:30pm 25 yards (7 lanes)	6:30pm-8:30pm 25 yards (7 lanes)	10am-4:30pm 25 yards (10 lanes)	
	6:30pm-8:30pm 25 yards (3 lanes)					

## Lap Swimming Tips:

- One lane in Olympic pool can safely & comfortably accommodate 6-8 swimmers
- Three (3) or more swimmers in one lane must circle swim
- Always enter pool feet first, no diving
- Pool schedules are subject to change



**YMCA OF GREENWICH**  
50 East Putnam Ave • greenwichymca.org

## Alumni Pool Open & Family Swim Schedule: June 16-30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am - 8am Open & Family Swim	7am - 11:30am Open & Family Swim	7am - 8am Open & Family Swim	7am - 8am Open & Family Swim	7am - 6:30pm Open & Family Swim	7am - 9am Open & Family Swim	7am - 9am Open & Family Swim
9am - 3:30pm Open & Family Swim		9am - 3:30pm Open & Family Swim	9am-10am Open & Family Swim			
					2pm - 4pm Open & Family Swim	2pm - 4pm Open & Family Swim
6:30pm - 7:30pm Open & Family Swim		6:30pm - 7:30pm Open & Family Swim	6:30pm - 7:30pm Open & Family Swim			

### Family Swim Supervision Requirements

Alumni Pool is held with a temperature between 86°F and 88°F.

•ON SATURDAY, JUNE 21 FAMILY SWIM WILL BE RELOCATED TO THE OLYMPIC POOL

•ON MONDAY, JUNE 30 FAMILY SWIM WILL BEGIN AT 11:45AM

- Children that can't stand with their mid-chest, head, and chin out of the water, must always be within arm's length of an actively involved adult caregiver who is in the water with the child; or be wearing a properly fitted United States Coast Guard (USCG) approved personal flotation device (PFD)
- During Family Swim times, children 8 years of age and under must have a designated guardian (over the age of 18) supervising them in the pool area.
- Children ages 9-12 may be in the pool area without an on-deck supervising adult, but a supervising adult MUST remain in the pool-viewing area and easily accessible in the event of emergencies.

### Open Swim

- There will be one (1) designated lane for lap swimming. Always enter the pool feet first, no diving