



## JUNE 1-22 "PRE-CAMP" GYM SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>PLEASE READ NOTES BELOW FOR ALTERATIONS TO THIS SCHEDULE!!</b>						
5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	7:00a-9:00a OPEN GYM	7:00a-9:00a OPEN GYM
9:00a-10:30a GROUP "A" PICKLEBALL PLAY (SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-10:30a GROUP "B" PICKLEBALL PLAY (SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-10:30a GROUP "B" PICKLEBALL PLAY (SIGN UP REQUIRED)	9:00a-11:00a PICKLEBALL PLAY (SIGN UP REQUIRED)	9:00a-11:00a GREENWICH STARS
10:30a-11:50a GROUP "B" PICKLEBALL PLAY (SIGN UP REQUIRED)	7:30a-8:30a PICKLEBALL CLINIC BEGINNER 6/3 & 10 INTERMED. 6/17 & 24	10:30a-11:50a GROUP "A" PICKLEBALL PLAY (SIGN UP REQUIRED)	7:15a-9:30a OPEN GYM	10:30a-11:50a GROUP "A" PICKLEBALL PLAY (SIGN UP REQUIRED)	11:00a-12:00p OPEN GYM	11:15a-1:15p PICKLEBALL PLAY (NOT ON JUNE 8TH)
12:00p-2:00p ADULT LUNCH BASKETBALL	8:45a-9:30a ULTIMATE CARDIO KICK CLASS	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-10:30a GROUP "A" PICKLEBALL PLAY (SIGN UP REQUIRED)	12:00p-2:00p ADULT LUNCH BASKETBALL	12:00p-2:30p OPEN BASKETBALL WORKOUTS (1/2 GYM)	1:30p-4:45p OPEN GYM
2:00p-3:00p OPEN GYM	9:30a-12:00p OPEN GYM	2:00p-3:30p OPEN GYM	10:30a-11:50a GROUP "B" PICKLEBALL PLAY (SIGN UP REQUIRED)	2:00p-3:00p OPEN GYM	2:30p-4:45p OPEN GYM	4:45P CLOSED
3:00p-5:30p TEEN OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	3:30p-4:45p TEEN OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	3:00p-5:00p TEEN OPEN GYM**	4:45p CLOSED	
5:30p-6:45p OPEN GYM	2:00p-3:00p OPEN GYM	5:00p-7:30p GREENWICH STARS	2:00p-3:00p OPEN GYM	5:15p-8:45p OPEN GYM		
7:00p-8:15p GREENWICH STARS	3:30p-4:30p AFTER SCHOOL PROGRAM GYM TIME	7:45p-8:45p OPEN GYM	3:30p-4:30p AFTER SCHOOL PROGRAM GYM TIME	8:45p CLOSED		
8:15p-8:45p OPEN GYM	4:30p-5:30p TEEN OPEN GYM	8:45p CLOSED	4:30p-5:30p TEEN OPEN GYM			
8:45p CLOSED	5:30p-7:00p OPEN VOLLEYBALL		5:30p-8:45p OPEN GYM			
	7:00p-8:45p OPEN GYM		8:45P CLOSED			
	8:45P CLOSED					

6/4/2025

### NOTES & SCHEDULE CHANGES:

**\*\*Gym closed for special events on 6/1 from 10:00-5:00, 6/4 from 5:00-9:00, 6/7 from 12:00-6:00, 6/8 from 11:00-5:00, 6/14 from 10:00-1:00 & 6/22 from 1:15-2:15\*\***

Pickleballs & paddles are to be provided by players. Registration is required.

**GROUP "A": Beginners to Intermediates. Group "B": High Intermediates to Advanced.**

**Maximum enrollment 16 per session. Only one session per day per player.**

**Pickleball CLINICS:** These clinics are free to Greenwich YMCA members, non-members \$15.00

**Sign up is required. Beginners Clinics 6/3 & 6/10. Intermediate Clinics 6/17 & 6/24.**