


# GYM SCHEDULE JUNE 1-28

**PLEASE READ NOTES BELOW FOR VARIATIONS TO THIS SCHEDULE!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a - 9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a - 9:00a OPEN GYM	6:00a-7:00a OPEN GYM	7:00a-9:00a OPEN GYM
9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	7:00a-8:00a BOOTCAMP CLASS	9:15a-11:15a*** PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)
	7:30a-8:30a PICKLEBALL CLINIC BEG. 6/2, 6/9, 6/16 INTERMED 6/23, 6/30		7:15a-9:15a OPEN GYM		8:00a-9:15a OPEN GYM	
12:00p-2:00p ADULT LUNCH BASKETBALL	8:45a-9:30a ULTIMATE CARDIO KICK CLASS	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-10:30a AMAZING KICKERS SOCCER	11:30a -4:45p OPEN GYM
2:00p-4:45p OPEN GYM BASKETBALL	9:30a-12:00p OPEN GYM	2:00p-4:45p OPEN GYM BASKETBALL		2:00p-5:30p OPEN GYM BASKETBALL	10:45a-12:45p*** PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	4:45P CLOSED
5:00p-6:45p OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	5:00p-7:30p GREENWICH STARS YMCA CLINIC	12:00p-2:00p ADULT LUNCH BASKETBALL	5:30p-8:45p OPEN GYM		
7:00p-8:15p GREENWICH STARS	2:00p-3:45p OPEN GYM BASKETBALL	7:45p-8:45p OPEN GYM	2:00p-3:45p OPEN GYM BASKETBALL	8:45P CLOSED	1:00p-4:45p OPEN GYM	
8:30p-8:45p OPEN GYM	4:00p-5:00p AFTER SCHOOL PROGRAM GYM TIME	8:45P CLOSED	4:00p-5:00p AFTER SCHOOL PROGRAM GYM TIME		4:45P CLOSED	
8:45P CLOSED	5:30p-6:30p OPEN VOLLEYBALL		5:15p-6:15p LITTLE OLYMPIANS AGES 5-7 & 8-11			
	6:45p-7:45p Full Court PICKLEBALL PLAY see notes below		6:30p-7:30p PRIVATE DRYLAND WORKOUT (half court)			
	7:45p-8:45p Half Court PICKLEBALL PLAY see notes below		7:30p-8:45p OPEN GYM			
	8:45P CLOSED		8:45P CLOSED		BOXES HIGHLIGHTED IN YELLOW ARE PROGRAMS FOR SCHOOL AGED KIDS	

6/1/2026

## VARIATIONS TO THE JUNE SCHEDULE:

**Pickleball CLINICS:** These clinics are free to Greenwich YMCA members, *non-members \$20.00*  
Registration is required. **Beginners** Clinics: 6/2, 6/9 & 6/16. **Intermediate** Clinics: 6/23 & 6/30

The gym will be closed on Monday, June 1st between 7:00pm - 9:00pm  
and on Wednesday, June 3rd from 5:00pm - 9:00pm.

\*\*\*The gym will be closed the weekend of June 5th,

beginning at 3:00 on Friday, reopening Monday June 8th.

The gym will be closed on Friday 6/12 from: 8:30 am - 12:00 pm

The gym will be closed on Saturday 6/20 from: 10:00 am - 1:00 pm