




March

GYM SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	7:00a-8:30a OPEN GYM	7:00a-9:00a OPEN GYM
9:00a-10:30a BEGINNER PICKLEBALL PLAY (SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-10:30a ADVANCED PICKLEBALL PLAY (SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-10:30a ADVANCED PICKLEBALL PLAY (SIGN UP REQUIRED)	8:30a-10:15a AMAZING KICKERS SOCCER MARCH 15 ONLY	9:00a-11:00a GREENWICH STARS
10:30a-11:50a ADVANCED PICKLEBALL PLAY (SIGN UP REQUIRED)	7:30a-8:30a BEGINNER PICKLEBALL CLINIC (SIGN UP REQUIRED)	10:30a-11:50a BEGINNER PICKLEBALL PLAY (SIGN UP REQUIRED)	7:15a-9:30a OPEN GYM	10:30a-11:50a BEGINNER PICKLEBALL PLAY (SIGN UP REQUIRED)	10:30a-12:00p FAMILY FUN & FITNESS MARCH 8 & 22 ONLY	11:15a-1:15p PICKLEBALL PLAY (SIGN UP REQUIRED)
12:00p-2:00p ADULT LUNCH BASKETBALL	8:45a-9:30a ULTIMATE CARDIO KICK CLASS	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-10:30a BEGINNER PICKLEBALL PLAY (SIGN UP REQUIRED)	12:00p-2:00p ADULT LUNCH BASKETBALL	12:00p-2:30p OPEN BASKETBALL WORKOUTS (1/2 GYM)	1:30p-4:45p OPEN GYM
2:00p-3:00p OPEN GYM	9:30a-12:00p OPEN GYM	2:00p-3:00p OPEN GYM	10:30a-11:50a ADVANCED PICKLEBALL PLAY (SIGN UP REQUIRED)	2:00p-3:00p OPEN GYM	2:30p-4:45p PICKLEBALL PLAY (SIGN UP REQUIRED)	4:45P CLOSED
3:00p-5:30p TEEN OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	3:00p-4:45p TEEN OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	3:00p-4:45p TEEN OPEN GYM	4:45p CLOSED	
5:30p-6:45p OPEN GYM (1/2 GYM)	2:00p-3:00p OPEN GYM	5:00p-7:30p GREENWICH STARS	2:00p-3:00p OPEN GYM	5:00p-7:00p MS/HS BASKETBALL OPEN RUNS		
5:45p-6:45p BASKETBALL CONDITIONING (1/2 GYM)	3:00p-4:30p AFTER SCHOOL GYM TIME (1/2 GYM 4:00-4:30)	7:45p-8:45p OPEN GYM	3:00p-4:30p AFTER SCHOOL GYM TIME (1/2 GYM 4:00-4:30)	7:15p-8:45p OPEN GYM		
7:00p-8:15p GREENWICH STARS	4:00p-5:15p TEEN OPEN GYM	8:45p CLOSED	4:00p-5:15p TEEN OPEN GYM	8:45p CLOSED		
8:15p-8:45p OPEN GYM	5:30p-7:00p OPEN VOLLEYBALL		5:30p-7:00p MS/HS BASKETBALL OPEN RUNS			
8:45p CLOSED	7:00p-8:45p OPEN GYM		7:00p-8:45p OPEN GYM			
	8:45P CLOSED		8:45P CLOSED			

2/27/2025

NOTES & SCHEDULE CHANGES:

Pickleballs & paddles are to be provided by players. Registration is required.
 Maximum enrollment 16 per session. Greenwich YMCA members play free.
 Only one session per day per player.

The gym will be closed for special events on the following days:
Sunday 3/23 from 2:30pm-4:30 pm **Saturday 3/29** from 3:00pm - 7:00pm

ON THE FOLLOWING TUESDAYS THE GYM WILL BE CLOSED FROM 9:30-1:00 FOR SAFETY AROUND WATER CLASSES: MARCH 4, 18 & 25. "ADULT LUNCH BASKETBALL" WILL BE PUSHED BACK TO 1:00-2:45 ON THESE DAYS.