

MARCH GYM SCHEDULE

PLEASE READ NOTES BELOW FOR VARIATIONS TO THIS SCHEDULE!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a - 9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a - 9:00a OPEN GYM	6:00a-7:00a OPEN GYM	7:00a-9:00a OPEN GYM
9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS 7:30a-8:30a PICKLEBALL CLINIC BEGINNER 3/3, 10 & 17 INTERMED. 3/24 & 31	9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS 7:15a-9:15a OPEN GYM	9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	7:00a-8:00a BOOTCAMP CLASS 8:00a-9:15a OPEN GYM	9:15a-11:15a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)
12:00p-2:00p ADULT LUNCH BASKETBALL	8:45a-9:30a ULTIMATE CARDIO KICK CLASS	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-10:30a AMAZING KICKERS SOCCER	11:30a-2:30p OR 11:30-4:45p OPEN GYM**
2:00p-4:45p OPEN GYM BASKETBALL	9:30a-12:00p OPEN GYM	2:00p-4:45p OPEN GYM BASKETBALL		2:00p-5:30p OPEN GYM BASKETBALL	10:45a-12:45p PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED) NO PB PLAY ON 3/14	**NOTE: on 3/8 the gym closes at 2:30
5:00p-5:45p OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	5:00p-7:30p GREENWICH STARS YMCA CLINIC	12:00p-2:00p ADULT LUNCH BASKETBALL	5:30p-9:45p OPEN GYM		4:45P CLOSED
6:00p-7:00p GREENWICH STARS YMCA CLINIC	2:00p-3:45p OPEN GYM BASKETBALL	7:45p-9:45p OPEN GYM	2:00p-3:45p OPEN GYM BASKETBALL	9:45P CLOSED	1:00p-5:45p OPEN GYM	
7:00p-8:15p GREENWICH STARS	4:00p-5:00p AFTER SCHOOL PROGRAM GYM TIME	9:45P CLOSED	4:00p-5:00p AFTER SCHOOL PROGRAM GYM TIME		5:45P CLOSED	
8:30p-9:45p OPEN GYM	5:30p-6:30p OPEN VOLLEYBALL		5:15p-6:15p LITTLE OLYMPIANS AGES 5-7 & 8-11		 3/3/2026	
9:45P CLOSED	6:45p-7:45p OPEN GYM		6:30p-7:30p BASKETBALL TRAINING W/ DINERO			
	7:45p-9:45p PICKLEBALL PLAY		7:45p-9:45p OPEN GYM			
	9:45P CLOSED		9:45P CLOSED		BOXES HIGHLIGHTED IN YELLOW ARE PROGRAMS FOR SCHOOL AGED KIDS	

VARIATIONS TO THE FEBUARY SCHEDULE:

Pickleball CLINICS: These clinics are free to Greenwich YMCA members, *non-members \$20.00*
Registration is required. Beginners Clinics 3/3 & 3/10. Intermediate Clinics 3/24 & 3/31. NO CLINIC ON 3/17!

On Sunday, March 1st, the gym will be closed from 1:30-3:00.

On Sunday, March 8th, the gym will close at 2:30.

On Saturday, March 14th, the gym will be closed from 8:00am-1:00pm

The gym will be closed for Safety Around Water classes from
 9:00-1:00 on the following Tuesdays: 3/3, 3/10, 3/17 & 3/31.