




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	7:00a-9:00a OPEN GYM	7:00a-9:00a OPEN GYM
9:00a-10:30a GROUP "A" PICKLEBALL PLAY (SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-10:30a GROUP "B" PICKLEBALL PLAY (SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-10:30a GROUP "B" PICKLEBALL PLAY (SIGN UP REQUIRED)	9:00a-11:00a PICKLEBALL PLAY (SIGN UP REQUIRED)	9:00a-11:00a GREENWICH STARS
10:30a-11:50a GROUP "B" PICKLEBALL PLAY (SIGN UP REQUIRED)	7:30a-8:30a PICKLEBALL CLINIC BEGINNER 5/6 & 13 INTERMED. 5/2 & 27	10:30a-11:50a GROUP "A" PICKLEBALL PLAY (SIGN UP REQUIRED)	7:15a-9:30a OPEN GYM	10:30a-11:50a GROUP "A" PICKLEBALL PLAY (SIGN UP REQUIRED)	11:00a-12:00p OPEN GYM	11:15a-1:15p PICKLEBALL PLAY (SIGN UP REQUIRED)
12:00p-2:00p ADULT LUNCH BASKETBALL	8:45a-9:30a ULTIMATE CARDIO KICK CLASS	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-10:30a GROUP "A" PICKLEBALL PLAY (SIGN UP REQUIRED)	12:00p-2:00p ADULT LUNCH BASKETBALL	12:00p-2:30p OPEN BASKETBALL WORKOUTS (1/2 GYM)	1:30p-4:45p OPEN GYM
2:00p-3:00p OPEN GYM	9:30a-12:00p OPEN GYM	2:00p-3:30p OPEN GYM	10:30a-11:50a GROUP "B" PICKLEBALL PLAY (SIGN UP REQUIRED)	2:00p-3:00p OPEN GYM	2:30p-4:45p OPEN GYM	4:45P CLOSED
3:00p-5:30p TEEN OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	3:30p-5:30p TEEN OPEN GYM	12:00p-2:00p ADULT LUNCH BASKETBALL	3:00p-5:00p TEEN OPEN GYM**	4:45p CLOSED	
5:30p-6:45p OPEN GYM	2:00p-3:00p OPEN GYM	5:00p-7:30p GREENWICH STARS	2:00p-3:00p OPEN GYM	5:00p-7:00p MS/HS BASKETBALL OPEN RUNS**		
7:00p-8:15p GREENWICH STARS	3:30p-4:30p AFTER SCHOOL PROGRAM GYM TIME	7:45p-8:45p OPEN GYM	3:30p-4:30p AFTER SCHOOL PROGRAM GYM TIME	7:15p-8:45p OPEN GYM		
8:15p-8:45p OPEN GYM	4:30p-5:30p TEEN OPEN GYM	8:45p CLOSED	4:30p-5:30p TEEN OPEN GYM	8:45p CLOSED		
8:45p CLOSED	5:30p-7:00p OPEN VOLLEYBALL		5:30p-7:00p MS/HS BASKETBALL OPEN RUNS			
	7:00p-8:45p OPEN GYM		7:00p-8:45p OPEN GYM			
	8:45P CLOSED		8:45P CLOSED			

4/30/2025

NOTES & SCHEDULE CHANGES:

Pickleballs & paddles are to be provided by players. Registration is required.

GROUP "A": Beginners to Intermediates. **Group "B":** High Intermediates to Advanced.

Maximum enrollment 16 per session. Only one session per day per player.

Pickleball CLINICS: These clinics are free to Greenwich YMCA members, non-members \$15.00

Sign up is required. **Beginners** Clinics 5/6 & 5/13. **Intermediate** Clinics 5/20 & 5/27.

****Gym will be closed for a special event on 5/16 from 3:30-4:30 & 5/30 from 5:00-6:00****

**ON THE FOLLOWING TUESDAYS THE GYM WILL BE CLOSED FROM 9:30-1:00 FOR
SAFETY AROUND WATER CLASSES: MAY 6 & 13.**

"ADULT LUNCH BASKETBALL" WILL BE PUSHED BACK TO 1:00-2:45 ON THESE DAYS.