

OLYMPIC POOL SCHEDULE: DECEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am-7am 25 yards (10 lanes)	5am-8am 25 yards (9 lanes)	5am-7am 50 meters (4 lanes)	5am-8am 25 yards (9 lanes)	5am-6am 25 yards (10 lanes)		
7am-8:30am 25 yards (14 lanes)	8am-2pm 25 yards (14 lanes)	7am-8am 50 meters (8 lanes)	8am-2pm 25 yards (14 lanes)	6am-7am 25 yards (4 lanes)	7am-8am 25 yards (14 lanes)	7am-4:30pm 25 yards (9 lanes)
8:30am-12:30pm 25 yards (10 lanes)		8am-8:45am (no lanes)		7am-8:30am 25 yards (19 lanes)	8am-11am 25 yards (4 lanes)	
		8:45am-12:30pm 25 yards (10 lanes)		8:30am-12:30pm 25 yards (11 lanes)		
12:30pm-3pm 25 yards (14 lanes)	2pm-3pm 25 yards (9 lanes)	12:30pm-3pm 25 yards (14 lanes)	2pm-3pm 25 yards (9 lanes)	12:30pm-2:15pm 25 yards (9 lanes)	11am-11:30am 25 yards (5 lanes)	
3pm-4pm 25 yards (5 lanes)	3pm-4pm 25 yards (4 lanes)	3pm-4pm 25 yards (5 lanes)	3pm-4pm 25 yards (4 lanes)	2:15pm-4pm 25 yards (14 lanes)		
4pm-6:45pm (no lanes)	4pm-6:15pm (no lanes)	4pm-6:45pm (no lanes)	4pm-6:15pm (no lanes)	4pm-6:15pm (no lanes)	11:30am-4:30pm 25 yards (9 lanes)	
6:45pm-8pm 25 yards (2 lanes)	6:15pm-7:30pm 25 yards (4 lanes)	6:45pm-8pm 25 yards (2 lanes)	6:15pm-7:30pm 25 yards (4 lanes)	6:15pm-8:30pm 25 yards (9 lanes)		
8pm-8:30pm 25 yards (9 lanes)	7:30pm-8:30pm 25 yards (5 lanes)	8pm-8:30pm 25 yards (9 lanes)	7:30pm-8:30pm 25 yards (9 lanes)			

Notes:

December 24th Pool Hours: 7am - 12:30pm

December 25th: Pool Closed

December 31st Pool Hours: 7am - 12:30pm

January 1st Pool Hours: 8am - 1:30pm

Thank you for your continued support!

Lap Swimming Tips:

•One lane in Olympic pool can safely & comfortably accommodate 6-8 swimmers

•Three (3) or more swimmers in one lane must circle swim pool feet first, no diving

•Pool schedules are subject to change



YMCA OF GREENWICH

50 East Putnam Ave • greenwichymca.org

ALUMNI POOL OPEN & FAMILY SWIM SCHEDULE: DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
7am – 8am Open & Family Swim	7am – 8am Open & Family Swim	7am – 8am Open & Family Swim	7am – 8am Open & Family Swim	7am- 3:30pm Open & Family Swim	7am – 9am Open & Family Swim	7am – 9am Open & Family Swim	
9am – 3:30pm Open & Family Swim		9am – 3:30pm Open & Family Swim	11am – 1:30pm Open & Family Swim				
			2:30pm-3:30pm Open & Family Swim			2:30pm-3:30pm Open & Family Swim	2pm – 4pm Open & Family Swim
6:30pm – 7:30pm Open & Family Swim	6:30pm – 7:30pm Open & Family Swim	6:30pm – 7:30pm Open & Family Swim	6:30pm – 7:30pm Open & Family Swim	6:30pm – 7:30pm Open & Family Swim			

Family Swim Supervision Requirements

Alumni Pool is held with a temperature between 86°F and 88°F.

•ON WEDNESDAY, DEC 24 AND DEC 31 THE POOL CLOSSES AT 12:30PM

•CLOSED THURSDAY, DEC 25

•BEGINNING DEC 9 OPEN SWIM IS AVAILABLE ON TUESDAYS AND THURSDAYS FROM 1:30PM-3:30PM

•Children that can't stand with their mid-chest, head, and chin out of the water, must always be within arm's length of an actively involved adult caregiver who is in the water with the child; or be wearing a properly fitted United States Coast Guard (USCG) approved personal flotation device (PFD)

•During Family Swim times, children 8 years of age and under must have a designated guardian (over the age of 18) supervising them in the pool area.

•Children ages 9-12 may be in the pool area without an on-deck supervising adult, but a supervising adult MUST remain in the pool-viewing area and easily accessible in the event of emergencies.

Open Swim

•There will be one (1) designated lane for lap swimming. Always enter the pool feet first, no diving