

BASKETBALL GYM SCHEDULE

OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a - 9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	5:00a-6:15a OPEN GYM	5:00a-9:00a OPEN GYM	6:00a-9:15a OPEN GYM	7:00a-9:00a OPEN GYM
9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	6:15a-7:15a BOOTCAMP CLASS	9:00a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	9:30a-10:30a T-BALL	9:15a-11:15a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)
	7:30a-8:30a PICKLEBALL CLINIC BEGINNER 10/6 & 10/13 INTERMED 10/20 & 27		7:15a-9:15a OPEN GYM		10:45a-12:45p PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	
12:00p-2:00p ADULT LUNCH BASKETBALL	8:45a-9:30a ULTIMATE CARDIO KICK CLASS	12:00p-2:00p ADULT LUNCH BASKETBALL	9:30a-11:45a PICKLEBALL PLAY ALL LEVELS (NO SIGN UP REQUIRED)	12:00p-2:00p ADULT LUNCH BASKETBALL	1:00p-5:45p OPEN GYM	11:30a -4:45p OPEN GYM
2:00p-4:45p OPEN GYM BASKETBALL	9:30a-12:00p OPEN GYM	2:00p-4:45p OPEN GYM BASKETBALL		2:00p-5:30p OPEN GYM BASKETBALL		4:45P CLOSED
4:00p-5:00p DRYLAND 1/2 COURT	12:00p-2:00p ADULT LUNCH BASKETBALL	5:00p-8:00p GREENWICH STARS, CLINICS & TRAVEL TEAM	12:00p-2:00p ADULT LUNCH BASKETBALL	5:30p-8:45p OPEN GYM	5:45P CLOSED	
5:00p-8:00p GREENWICH STARS, CLINICS & TRAVEL TEAM	2:00p-3:45p OPEN GYM BASKETBALL	8:15p-8:45p OPEN GYM	2:00p-3:45p OPEN GYM BASKETBALL	8:45P CLOSED		
8:15p-8:45p OPEN GYM	4:00p-5:00p AFTER SCHOOL PROGRAM GYM TIME	8:45P CLOSED	4:00p-5:00p AFTER SCHOOL PROGRAM GYM TIME			
8:45P CLOSED	5:15p-5:45p OPEN GYM		5:15p-6:15p LITTLE OLYMPIANS AGES 5-7 & 8-11			
	5:45p-7:00p OPEN GYM 1/2 COURT		6:30p-7:30p TEEN BASKETBALL SKILLS CLINIC			
	5:45p-7:00p DRYLAND 1/2 COURT		7:45p-8:45p OPEN GYM			
	7:15p-8:45p PICKLEBALL PLAY		8:45P CLOSED			
					BOXES HIGHLIGHTED IN YELLOW ARE PROGRAMS FOR SCHOOL AGED KIDS	

9/29/2026

VARIATIONS TO THE OCTOBER SCHEDULE:

Pickleball CLINICS: These clinics are free to Greenwich YMCA members, *non-members \$20.00*
Registration is required. **Beginners** Clinics: 10/6 & 10/13. **Intermediate** Clinics: 10/20 & 10/27.

The gym will be closed all day Saturday, 10/10 and Sunday, 10/11.

The gym will close on Friday 10/23 from 4:30-5:30 pm for our Fitness Made Fun Dance Party.

The gym will be closed on Saturday 10/24 from 10:30-5:00 for Halloween Fun Day!!

The gym will be closed on 10/30 from 8:30a - 12:00 for a Spooktacular Pickleball Tournament!!