



BOXING LOFT

OPEN TO
AGES 16+

Please be advised, the Boxing Loft
will be **CLOSED** during these hours:

MONDAY: 10:00 AM – 12:00 PM
TUESDAY: 10:00 – 11:00 AM
WEDNESDAY: 10:00 – 11:00 AM
THURSDAY: 10:00 – 11:00 AM
FRIDAY: 9:00 – 11:15 AM

June 28, 2026 – August 21, 2026

For Boxing Loft access, questions, or other assistance, please visit the
Wellness Center desk or email Wellness@GWYMCA.org.